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Behavioral Health EHR

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Men's Transitional House Silver City
1307 N. Swan St
Silver City, NM 88061

575-956-6242
575-956-6947

McKee Young, Danny Rey

ID: 1000010699747 DOB: 12/22/1985

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7/29/2023
12:53 PM

Group Therapy Note (SPIN Supporting People In Need)

Time spent face to face with patient and/or family and coordination of care: 60 min
Session start: 8:30 AM
Session end: 9:30 AM

Session Remarks:
Therapy Type:
Psychodynamic/Psychoanalytic

Clients reflected on patterns in thoughts and behaviors. The goal is to create self awareness and understanding of unconscious processes that dictate current behaviors.

Group Type:
The focus of today's group was on the subject of self awareness. The purpose was to explore with group members the concept of self awareness, including how it effects behavior and relationships and how to improve self awareness. The confrontation and challenging of irrational ideas and negative self appraisals was explored.

Present Today:
Present at today's session were the following: 12 members. Group facilitated by Christina Wolford, lcsw.

Group Leader Interventions:
Therapist allowed client to direct art or activity toward goal of building self awareness.
Facilitated Group Process
Extrapolated to Life

Service Location: SPIN Supporting People In

Turn Name In Header ON or OFF off

Audit Log

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